WHOLE DOG JOURNAL'S APPROVED DRY DOG FOODS FOR 2019

Products appear alphabetically by best-known name. In some cases this is the name of the company that makes the food; in others, it's the name of the food line. We have split some lines made by the same manufacturer into separate rows to better distinguish prices, # of varieties, etc.

PRODUCT NAME Company Information	Average Price/lb.	# Varieties, # Grain-Free	Meat, Meal, or Both?	Range of Protein Content Range of Fat Content	Notes
ACANA Champion Petfoods, Auburn, KY 877) 939-0006; acana.com/usa	US\$2.83	16 GF	Both	Min. 29% - 31% protein Min. 10% - 20% fat	Champion now has manufacturing plants in Canada and the U.S. and sells the products made in each location in their respective countries. Product offerin and formulations are slightly different in each count as they are made with locally sourced ingredients.
Champion Petfoods, Edmonton, AB 877) 939-0006; acana.com	Can. \$2.83	20, 17 GF	Both	Min. 29% - 35% protein Min. 14% - 22% fat	
ADDICTION Kent, WA 425) 251-0330; addictionfoods.com	\$2.98	6 GF	5 meal, 1 both	Min. 14% - 26% protein Min. 3.5% - 13% fat	Addiction makes its own foods in New Zealand. Kangaroo variety contains dry meat.
NNAMAET felford, PA 888) 723-0367; annamaet.com	\$2.63	14, 6 GF	10 meal, 4 both	Min. 23% - 33% protein Min. 9% - 20% fat	All of Annamaet's foods contain a sustainable algae source of omega-3 fatty acids.
ARTEMIS FRESHMIX, OSOPURE Gardena, CA 310) 965-1933; artemiscompany.com	\$2.72	7, 4 GF	Both	Min. 20% - 28% protein Min. 6% - 17% fat	Osopure line is grain-free, and each variety contains a single animal protein source. Freshmix varieties contair several animal protein sources.
AVODERM Breeder's Choice (a div. of Central Garden & Pet); Walnut Creek, CA 866) 500-6286; avodermnatural.com	\$2.67	22, 13 GF	15 meal, 7 both	Min. 20% - 30% protein Min. 8% - 16% fat	Avocado and avocado oil are featured in all Avoderm foods. Revolving Menu grain-free line uses both meat and meal; the 7 varieties are formulated with similar nutrient levels so an owner can rotate among them.
AZMIRA Fucson, AZ 520) 886-1727; azmira.com	\$2.02	2	Meal	Min. 22% protein Min. 8% fat	Azmira makes just two foods, a lamb and a turkey variety, both made with whole brown rice, milo, and barley.
BENCH & FIELD Grand Rapids, MI 800) 525-4802; benchandfield.com	\$2.50	1	Meal	Min. 24% protein Min. 15% fat	Bench and Field offers only one dry food, made with chicken meal. Food is sold in upscale grocery (Trader Joe's, Whole Foods) and direct-shipped (free shipping).
BLACKWOOD .isbon, OH 888) 843-1738; blackwoodpetfood.com	\$2.16	14, 3 GF	Meal	Min. 20.5 - 33% protein Min. 9% - 23% fat	Blackwood is the "house brand" at Ohio Pet Foods, so they can make their products in small batches (for fresher food). "Sensitive Diet" line offers novel proteins.
BORÉAL Beamsville, ON 800) 253-8128; borealpetfood.com	\$1.95	12, 8 GF	4 both; 8 meal	Min. 24% - 29% protein Min. 12% - 18% fat	Original line contains both meat and meals; Proper and Vital lines contain only meals.
CANIDAE San Luis Obispo, CA 800) 398-1600; canidae.com	\$1.98	31, 26 GF	26 both; 5 meal	Min. 20% - 36% protein Min. 9% - 19% fat	"Pure" line (all GF) starts with fresh meat, follows with meat meal. Under the Sun line (single protein, GF, no potato) starts with meal, follows with fresh meat in about the 6th spot. All Life Stages line = meal only.
CARNA4 Foronto, ON 855) 422-7624; carna4.com	\$8.26	3, 2 GF	Meat	Min. 29% protein Min. 15% fat	Carna4 uses fresh muscle meat, liver, eggs, and fish, whole produce, and certified organic sprouted seeds to make this baked food, and in small batches.
CHICKEN SOUP FOR THE SOUL Cos Cob, CT 800) 658-0624; chickensouppets.com	\$1.39	11, 4 GF	Both	Min. 21 - 30% protein Min. 6% - 18% fat	Ingredients lists for all formulas start with fresh meat, immediately followed by meat meals, then whole grains.
CLOUDSTAR WELLMADE St. Louis, MO 800) 361-9079; cloudstar.com	\$2.81	5 GF	Meal	Min. 24% - 26% protein Min. 8% - 15% fat	Baked foods; each is made with a single animal protein Peas and lentils are main carb sources.
CORE Wellpet, Tewksbury, MA 800) 225-0904; wellpet.com	\$2.62	12 GF	Both	Min. 32% - 38% protein Min. 12% - 18% fat	Core foods are "protein focused, grain free."

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DOGSWELL Whitebridge Pet Brands, St. Louis, MO (888) 559-8833; dogswell.com	\$2.07	10, 8 GF	Some both, some meal	Min. 24% - 32% protein Min. 12% - 18% fat	Dogswell and Nutrisca lines are grain-, potato-free and contain meat and meat meals 1st and 2nd. Vitality and Happy Hips contain grain; latter has joint supplements.
DR. GARY'S BEST BREED Findlay, OH (800) 500-5999; bestbreed.com	\$1.36	16, 3 GF	Meal	Min. 21% - 32% protein Min. 7% - 19% fat	Dr. Gary's emphasizes the use of healthy, balanced fats for healthy skin, coat, energy, and stamina. Fiber sources are chosen for their pre- and pro-biotic characteristics. All formulas meet EU standards.
DR. TIM'S PET FOOD Marquette, MI (906) 249-8486; drtims.com	\$2.18	9, 3 GF	6 meal, 3 both	Min. 26% - 35% protein Min. 10% - 25% fat	Low-ash meat meals are used, chosen to provide a proper amino acid profile. Auto-, direct-ship available. Note: Some varieties contain porcine plasma or porcine blood meal (we don't approve of).
EAGLE PACK Wellpet, Tewksbury, MA (800) 225-0904; eaglepack.com	\$2.46	7	Meal	Min. 23% - 30% protein Min. 6% - 19% fat	Eagle Pack's foods are made with meat meals and whole grains. Guaranteed analyses include omega-3 and -6, calcium, phosphorus, and probiotic levels.
EARTHBORN HOLISTIC Midwestern Pet Foods, Evansville, IN (800) 474-4163 x 450 earthbornholisticpetfood.com	\$2.31	17, 15 GF	16 meal, 1 meat	Min. 22% - 38% protein Min. 7% - 20% fat	Venture grain-free line offers novel proteins (including squid!). Earthborn's "holistic" line uses meat meals and whole grains. Earthborn recycles its bags and offers a "UPCs for Trees" program.
EVANGER'S Wheeling, IL (847) 537-0102; evangersdogfood.com	\$2.21	5, 3 GF	2 meal, 3 both	Min. 24% - 33% protein Min. 3.5% - 9.9% fat	Varieties include pheasant & brown rice, whitefish & sweet potato. Evanger's dry fog foods are made by an independent contract manufacturer.
FARMINA N&D New York NY (888) 292-9965; farmina.com/us	\$3.30	45, 30 GF	Meat	Min. 23% - 42% protein Min. 8% - 22% fat	All the Farmina lines (N&D Grain-Free, Quinoa Functional, Pumpkin Grain-Free, and Ancestral Grain lines) contain fresh and dehydrated meats (no meat meals).
FIRSTMATE, KASIKS, SKOKI FirstMate Pet Foods North Vancouver, BC (800) 658-1166; firstmate.com	\$2.34	17, 12 GF	Meal	Min. 18% - 32% protein Min. 8% - 20% fat	FirstMate makes its own foods in British Columbia. Each FirstMate and Kasiks food includes a single animal-protein source – helpful for feeding food- allergic dogs. Company claims free-run chicken and lamb are used. Skoki is FirstMate's economy line.
FROMM Mequon, WI (800) 325-6331; frommfamily.com	\$2.30	29, 14 GF	Both	Min. 23% - 30% protein Min. 10% - 18% fat	This family-owned company makes its own foods in its own plants. Fromm has three lines: Four-Star Nutritionals, Gold, and Classic (economy line).
GATHER Petcurean, Abbotsford, Canada (866) 864-6112; petcurean.com	\$5.00	3, 2 GF, 1 vegan	2 both, 1 none	Min. 22% - 30% protein Min. 11% - 15% fat	Gather comes in one vegan variety. The other two are made with certified free-run and/or wild-caught animal protein sources.
GO! Petcurean, Abbotsford, Canada (866) 864-6112; petcurean.com	\$2.88	14, 10 GF	Both	Min. 22% - 36% protein Min. 12% - 18% fat	Go! has been rebranded as Petcurean's "solutions" foods for skin and coat, "hip and joint support," and food sensitivities (limited ingredients.)
GRANDMA MAE'S New York, NY (888) 653-8021; grandmamaes.com	\$2.91	16, 11 GF	8 both, 8 meal	Min. 23% - 32% protein Min. 7% - 16% fat	Nine of these have a single animal protein source, with meat 1st and the corresponding meat meal 2nd on ingredients list. Company says no GMOs are used.
HALO Tampa, FL (800) 426-4256; halopets.com	\$3.19	14, 7 GF	13 meat, 1 vegan	Min. 20% - 28% protein Min. 10% - 18% fat	Halo has always eschewed meat meals in favor of meat. It recently reformulated all its foods and now uses only meats that are GAP 3-certified (comprehensive welfare and care standards) and MSC-certified fish.
HEALTH EXTENSION Deer Park, NY (800) 992-9738; healthextension.com	\$2.45	12, 6 GF	Both	Min. 24% - 27% protein Min. 9% - 18% fat	Made in small batches, never recalled, uses non-GMO produce, and other "responsibly sourced" ingredients. Company is family-owned and operated.

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HOLISTIC SELECT Wellpet, Tewksbury, MA (800) 225-0904; holisticselect.com	\$2.58	16, 10 GF	4 both, 12 meal	Min. 24% - 32% protein Min. 8% - 18% fat	Company regards digestive health and support as foremost in importance, and adds probiotics and digestive enzymes. Made in company's own mfg. plant.
INSTINCT Nature's Variety, St. Louis, MO (888) 519-7387; instinctpetfood.com	\$3.15	31, 27 GF	3 meat, 28 both	Min. 23.5% - 37.5% protein Min. 14% - 22.5% fat	Instinct Original is coated with freeze-dried meat. Ultimate Protein line uses only meat. Raw Boost contains freeze-dried meat nuggets. The Prairie line of foods, their only products that contain grain, has been renamed as "Instinct Be Natural."
LIFE'S ABUNDANCE Jupiter, FL (877) 387-4564; lifesabundance.com	\$2.44	5, 1 GF	Meal	Min. 25% - 30% protein Min. 11.5% - 19% fat	Buy food from a local rep (or become a rep!) or have it autoshipped. (Prices used for average are autoship prices.)
LIFESPAN Petguard, Green Cove Springs, FL (800)874-3221; petguard.com	\$1.98	1	Both	Min. 27% protein Min. 15% fat	Fresh chicken, chicken meal, whole brown rice, oatmeal, chicken fat This is how nice foods were made before the grain-free craze.
Lotus Lotus Natural Food, Torrance, CA (888) 995-6887; lotuspetfoods.com	\$3.68	10, 5 GF	3 both, 7 meat	Min. 18% - 27% protein Min. 8% - 16% fat	Lotus foods are baked, not extruded. Grain-free varieties cost as much as \$5.74/pound; the life stage foods (puppy, adult, senior) average \$3.09/lb.
MERRICK A div. of Nestlé Purina, Amarillo, TX (800) 664-7387; merrickpetcare.com	\$3.20	43, 38 GF	Both	Min. 25% - 38% protein Min. 8% - 17% fat	Only five varieties ("Classic" line) contain grain. First ingredient is always meat. Backcountry line mixes in freeze-dried nuggets. All made in Merrick's own plant.
NATURAL BALANCE A div. of J.M. Smuckers, Burbank, CA (800) 829-4493; naturalbalanceinc.com	\$2.24	27, 15 GF	22 both, 2 meal, 2 meat	Min. 18% - 32% protein Min. 8% - 17% fat	Super-high-protein, limited ingredient, reduced calorie, (and one vegetarian) products available. Company makes test results of each batch available online.
NATURAL PLANET NutriSource (a div of KLN Family Brands); Perham, MN; (800) 525-9155; naturalplanetpetfood.com	\$2.18	5, 4 GF	Both	Min. 23% - 25% protein Min. 14% - 15% fat	Made with free-range organic chicken and some other organic ingredients.
NATURE'S SELECT Anaheim, CA; (714) 993-5500; naturesselectpetfood.com	\$1.84	9, 4 GF	3 both, 6 meal	Min. 22% - 33% protein Min. 10% - 17% fat	Buy from a local rep for home-delivery or sell food yourself. Made with animal protein meals and whole foods.
NEWMAN'S OWN Westport, CT (203) 222-0136; newmansown.com	\$2.08	2	Both	Min. 21% - 24% protein Min. 10% - 12% fat	Ingredients start with fresh meat; meat meal appears a few ingredients lower on the labels. Many organic ingredients included.
NOW FRESH Petcurean, Abbotsford, Canada (866) 864-6112; petcurean.com	\$3.34	13 GF	Meat	Min. 24% - 29% protein Min. 10% - 18% fat	Only fresh meats are used in these life-stage formulas (puppies, adults, seniors; also small and large-breed foods).
NULO Austin, TX (512) 476-6856; nulo.com	\$2.90	15 GF	Both	Min. 30% - 32% protein Min. 7% - 18% fat	Medal Series foods are sold exclusively at Petsmart. Freestyle recipes sold through independent retailers and online.
NUTRISOURCE Perham, MN; (800) 525-9155; nutrisourcepetfoods.com	\$2.20	29, 17 GF	25 both, 4 meal	Min. 22% - 32% protein Min. 8% - 21% fat	NutriSource offers many animal protein combinations in grain-containing and grain-free varieties.
NUTRAM Elmira, ON; (844) 234-2464; nutram.com	\$3.07	15, 6 GF	Both	Min. 22.5% - 36% protein Min. 9% - 17% fat	Not yet widely available in the U.S. Nutram states optimum absorption is its goal.
NUTRIENCE Rolf C. Hagen, Montreal, QC (800) 554-2436; nutrience.ca	Can\$3.54	25, 14 GF	17 both, 3 meat, 5 meal	Min. 24% - 38% protein Min. 14% - 18% fat	Made in Canada. Only grain-free line is sold in the U.S. Subzero line contains nuggets of freeze-dried meat. Infusion is infused with freeze-dried chicken liver.
Mansfield, MA; nutrience.com	US\$3.61	6 GF	5 both, 1 meat	Min. 38% protein Min. 18% fat	

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OPEN FARM Toronto, ON (833) 399-3403; openfarmpet.com	\$3.40	5 GF	Both	Min. 30% - 31% protein Min. 14% fat	All food-source animals are third-party certified as humanely raised and grass-fed/free-range; all fish is wild-caught. Sources of each ingredient are on website.
ORGANIX Castor & Pollux (a div. of Nestlé Purina) Amarillo, TX; (800) 875-7518 castorpolluxpet.com	\$4.27	6, 4 GF	Both	Min. 25% - 26% protein Min. 10% - 16% fat	Organix foods are certified USDA Organic (>95% or more organic). Each food has fresh meat 1st and meat meal 2nd.
ORIJEN Champion Petfoods, Auburn, KY (877) 939-0006; orijen.ca/us	U.S. \$3.68	8 GF	3 both, 5 meat	Min. 38% - 42% protein Min. 13% - 20% fat	Champion Petfoods now has manufacturing plants in Canada <i>and</i> the U.S. While the product names are the same, the products made in each country are formulated slightly differently, as they are made with
Champion Petfoods, Edmonton, AB (877) 939-0006; orijen.ca	Can. \$3.72	8 GF	Meat	Min. 38% - 42% protein Min. 13% - 20% fat	locally sourced ingredients. Products made in the U.S. are sold in the U.S. Products made in Canada are sold in Canada and internationally. Note that some U.S. formulations include meat meals.
PARTY ANIMAL West Hollywood, CA; (855) 727-8926 partyanimalpetfood.com	\$2.60	1	Both	Min. 23% protein Min. 14% fat	Organic chicken is the first ingredient, followed by chicken meal, then several organic whole grains.
PET CHEF EXPRESS New Westminster, BC (604) 916-2433; petchefexpress.ca	\$1.96	1	Meal	Min. 25% protein Min. 10% fat	Company offers home delivery in BC and retail sales in BC and ON.
PINNACLE Central Garden & Pet, Walnut Creek, CA (866) 500-6286; pinnaclepet.com	\$2.60	5 GF	Both	Min. 25% - 29% protein Min. 10% - 15% fat	Four varieties start with fresh meat and have a meat meal second (5th has fresh eat first and meat meal 5th). Sold only in independent pet supply stores.
PRECISE Precise Pet Products, St. Helena, CA (888) 477-3247; precisepet.com	\$1.95	15, 2 GF	5 both, 10 meal	Min. 23% - 32% protein Min. 7% - 20% fat	Precise Naturals is the economy line. Precise Holistic foods contain meat <i>and</i> meat meals.
PRISTINE Castor & Pollux (a div. of Nestlé Purina), Amarillo, TX; (800) 875-7518 castorpolluxpet.com	\$4.11	8 GF	Both	Min. 28% - 34% protein Min. 15% - 16% fat	All C&P foods have fresh meat 1st and meat meal 2nd. Pristine uses wild-caught fish, grass-fed and/or free- range animals, and many organic ingredients.
PROFESSIONAL+ Diamond Pet Foods, Meta, MO (800) 342-4808 professionalpetfood.com	\$1.14	4 GF	Both	Min. 21% - 26% protein Min. 10% - 15% fat	All varieties start with meat and meat meal, then grain-free carb sources: peas, lentils, sweet potatoes, fava beans.
PURE VITA NutriSource (a div of KLN Family Brands) Perham, MN; (800) 525-9155; purevitapetfoods.com	\$3.26	10, 7 GF	Both	Min. 24% - 28% protein Min. 13% - 16% fat	Each PureVita food contains a single source of animal protein.
SIMPLE Wellpet, Tewksbury, MA (800) 225-0904; wellpet.com	\$2.52	6, 4 GF	5 both, 1 meat	Min. 21% - 29% protein Min. 8% - 14% fat	Simple is a limited-ingredient line.
SOLID GOLD Chesterfield, MO (800) 364-4863; solidgoldpet.com	\$2.14	24, 17 GF	23 both, 1 meal	Min. 18% - 41% protein Min. 6% - 20% fat	Solid Gold continues to expand its product offerings, especially for small dogs, but many of them are grainfree. Products offer wide range of protein/fat levels.
SPORT DOG FOOD Ronkonkoma, NY (631) 662-2185; sportdogfood.com	\$2.14	11, 5 GF	Meal	Min. 26% - 30.5% protein Min. 14% - 22% fat	Baked foods. No peas! coated with "proprietary blend of salmon oil, herring oil, probiotics and freeze-dried proteins" Direct shipping available.
STELLA AND CHEWY'S Oak Creek, WI (888) 477-8977; stellaandchewys.com	\$3.40	11 GF	Both	Min. 31% - 36% protein Min. 14% - 16% fat	Raw Coated Kibble is a grain-free baked food coated with freeze-dried raw meat. Raw Blend Kibble is the same, with freeze-dried meat nuggets mixed in.

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SUMMIT Petcurean, Abbotsford, Canada (866) 864-6112; petcurean.com	Can \$1.82	4	Meal	Min. 21% - 28% protein Min. 9% - 17% fat	Summit line is made with meat meals and sold only in Canada.
TASTE OF THE WILD Diamond; Meta, MO; (800) 442-0402 tasteofthewildpetfood.com	\$1.80	12 GF	9 both, 3 meat	Min. 25% - 32% protein Min. 15% - 18% fat	Most varieties have meat as first ingredient and meat meal second. Taste of the Wild Prey line are limitedingredient foods.
TENDER AND TRUE Omaha, NE (877) 616-4455; tenderandtruepet.com	\$3.49	6, 4 GF	Both	Min. 26% - 30% protein Min. 16% - 17% fat	All foods are USDA Organic and all animal ingredients are certified as humanely raised or sustainable seafood.
THREE DOG BAKERY Kansas City, MO (800) 487-3287; threedog.com	\$2.25	4	Both	Min. 18% - 26% protein Min. 5% - 15% fat	Baked foods, all of which feature a meat as the first ingredient; meat meals follow in all but the "healthy weight" variety.
TIKI DOG Tiki Pets, Chesterfield, MO (866) 821-8562; tikipets.com	\$3.42	5 GF	Both	Min. 26% - 30% protein Min. 16% fat	Baked foods formulated for small dogs. Comes in a small kibble size and in small bags – the largest bag size available is 10 pounds.
TRUFOODS Wellpet, Tewksbury, MA (800) 225-0904; wellpet.com	\$4.63	5 GF	Meat	Min. 24% - 31% protein Min. 14% - 18% fat	Trufoods are baked and contain muscle and organ meats, and well as plant protein sources.
TUSCAN NATURAL Pyramid Pet Products, Las Vegas, NV (888) 408-0895; tuscannatural.com	\$2.39	5, 1 GF	2 both, 1 meat, 2 meal	Min. 24% - 35% protein Min. 12% - 20% fat	Simply Pure line has one animal protein source each (chicken, fish, or lamb). Harvest uses turkey & chicken. Carne is a grain-free food with a high meat inclusion.
ULTRA HOLISTIC Nutro (a div. of Mars) Franklin, TN; (800) 833-5330 nutro.com/natural-dog-food/ultra	\$2.97	13, 4 GF	Both	Min. 23% - 30% protein Min. 10% - 16% fat	Ultraholistic foods all contain chicken, chicken meal, lamb meal, and salmon meal. They also contain some grain fractions (rice bran, brewers rice) and plant proteins.
ULTRAMIX Castor & Pollux (a div. of Nestlé Purina), Amarillo, TX; (800) 875-7518 castorpolluxpet.com	\$2.81	4, 3 GF	Both	Min. 25% - 38% protein Min. 15% - 17% fat	All foods have fresh meat 1st and meat meal 2nd and contain many whole ingredients.
VERUS Abingdon, MD (888) 828-3787; veruspetfoods.com	\$3.25	8, 3 GF	3 both, 5 meal	Min. 22% - 26% protein Min. 8% - 15% fat	Verus discloses ingredient sources, such as chicken from cage-free birds in West Virginia, and uses EUcertified manufacturing.
WELLNESS COMPLETE HEALTH Wellpet, Tewksbury, MA (800) 225-0904; wellpet.com	\$2.62	20, 6 GF	Both	Min. 22% - 32% protein Min. 10% - 18% fat	Complete Health foods provide "whole food nutrition."
WERUVA Natick, MA (800) 776-5262; weruva.com	\$3.28	6, 5 GF	Both	Min. 34% - 39% protein Min. 13% - 14% fat	All six varieties are potato-free. "Noble grains" used in two. Company says Caloric Melody line is made using 70% animal ingredients; Caloric Harmony line 80%.
WHOLE EARTH FARMS Merrick Pet Care, a div. of Nestlé Purina, Amarillo, TX (800) 323-3353; feedgoodness.com	\$2.23	11, 9 GF	Both	Min. 24% - 26% protein Min. 8% - 13% fat	These foods all have meat meals as the first one or two ingredients, and a meat appearing 5th or 6th on the label. They all contain probiotics and prebiotics.
WILD CALLING Lake St. Louis, MO (855) 381-5888; wildcalling.com	\$3.05	3 GF	Both	Min. 23% - 25% protein Min. 14% - 18% fat	Company was purchased by Barkstrong LLC in May 2018 and the offerings were severely reduced. All foods contain a single species of animal protein.
ZIGNATURE Pets Global, Valencia, CA (888) 897-7207; zignature.com	\$2.71	11 GF	Both	Min. 26% - 32% protein Min. 14% - 16% fat	The offerings from Zignature are particularly helpful for feeding dogs with known food allergies, since 10 of its 11 foods contain a single species of animal protein.